



FAR-FLUNG ADVENTURES

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GEAR CHECKLIST

This list contemplates extremely hot and cold, wet and dry conditions.

Far-Flung Adventures will provide each participant with waterproof bags for personal gear, a four-person tent for each two persons, wet suit and or splash jacket, when necessary, along with all meal service items and eating utensils. **Please bring your own water bottle.**

River runners should strive for the preparedness level of the backpacker (bearing in mind that the kitchen is provided). Your personal gear should occupy no more space than contained by a standard-issue army duffle bag, preferably less.

SLEEPING GEAR*

- Ground cloth, pad, or air mattress
- Sleeping Bag - We recommend a three-season bag, rated to about 20 degrees F.

CLOTHING Jeans are **not** appropriate river wear. Cotton is **not** recommended with the exception of peak summer conditions when it dries quickly and can provide protection from the sun.

- Raingear- Hooded jacket at a minimum and preferably rain pants; **NO** ponchos!
- Change of underwear and socks (one per day)
- Shorts and/or swimsuit.
- Two pairs of long pants (one should be fleece or capilene).
- River clothing - Have several layers to ensure your comfort as temperatures change throughout the day: nylon shell and pants, fleece top and bottoms are best. **No cotton** or blends.
- Footwear - Canvas sneakers or Teva style sandals with wool or polypropylene socks **AND** lightweight, high top boot for camping and hiking.
- Headgear - Cap or hat for protection from the sun.
- Toilet gear - Soap**, small towel, dental care stuff, shaving stuff, sanitary napkins, etc.
- Don't neglect such items as prescription medicine, sunscreen lotion, and insect repellent.

FOR TRIPS IN MARCH, APRIL, MAY, SEPTEMBER AND OCTOBER

ADD THESE ITEMS

- Under layer - Capilene, silk, or a blend.
- Second layer - Fleece or wool (suggest light sweaters or Pendleton-type shirt).
- Third layer - Heavy sweater or insulated jacket, topped with a shell (i.e. windbreaker or your rain suit).
- Heavy jacket or vest (your hedge against a cold snap; can also double as your pillow).
- Wool or fleece hat for night to insulate your head during the early and late season.
- Gloves

* A rental sleep kit is available with an advance reservation at \$10 per night.

** Bio-degradable soap suggested ie: Dr. Bronners. We follow a recommended bathing routine to avoid getting soap into any water source, including the river.

YOU'RE NOT DONE PACKING.... TURN THE PAGE!! ⇒

NECESSITIES

- ❑ Flashlight
- ❑ Sunglasses plus eyewear retainer
- ❑ Canteen or plastic water bottle
- ❑ Sense of adventure

OPTIONAL ITEMS

- ❑ Gloves
- ❑ Small knife
- ❑ Camera, film and back up batteries.
- ❑ Binoculars
- ❑ Notepad or drawing pad; pen or pencil.
- ❑ Personal tent
- ❑ Small stool or folding chair.
- ❑ Favorite beverage (beer, sodas, etc.) in cans or plastic container—**PLEASE, NO GLASS.**
- ❑ Fishing tackle and appropriate state fishing license.
- ❑ Good book or travel games (cards, backgammon, dominos.)

SO YOU KNOW...

BEVERAGES

Except for wine with the first night's dinner, no alcoholic beverages are provided. Small personal ice chests may be accommodated, if you will let us know that they are coming. Styrofoam coolers are **NOT** acceptable. PLEASE, no booze on the rafts. Enjoying a drink should be saved for camp.

WASHING UP

Borrow a bailer from the guides; take bailer, cup, soap, towel, and helpful friend to a spot well up-bank from any spring, creek, pool, puddle, or river. Fill bailer. Soap yourself away from water. Rinse with cups of water from bailer. Make sure soapy runoff doesn't pollute water source.

TOILET

We carry the "Carouthers Crapper," a plastic lined metal rocket box about 24 inches high and topped with a standard toilet seat. It will be set up at each camp and your trip leader will announce its location. A bucket of hand washing water, soap, and sprinkler can will be placed nearby for your use. On desert rivers, it is okay to urinate at the edge of the river. Your thoughtfulness at campsites and more popular stopping places is appreciated.

CAMP HELP

On guided trips the boatmen do the cooking and basic camp chores, so that you have time to relax and explore. Everyone's help is needed when loading or unloading rafts, pitching and striking tents, and eating meals. Securing firewood, hauling buckets of water, "slicing and dicing," and pot washing are everyday chores. If each participant does one of these chores sometime during the trip, "camp life" will take less time, and there will be time for everyone to be on the river.

CLOTHING, SHOES, CAMP ACCESSORIES AND MORE

Need help gearing up? Cascade Outfitters is a great one stop shopping site for river related clothing and gear. They carry a variety of brand names including Teva, Columbia Sportswear, Patagonia, Kavu, Maravia, Watershed and Rainbow Designs. Visit them at www.rivertraveler.com When placing an order either online or with the friendly, knowledgeable folks in their office give them **Catalog Number 721345**

Far-Flung Adventures is a professional river-running organization, dedicated to safe, high-quality river experience for our clients. We truly care about our fragile river corridors. Our aim is to leave no trace of our passage in the wilderness. Please *help* your guides by keeping picnic areas & campsites clean and litter-free. (New Mexico River trips, a \$1/day of your trip costs goes to Rio Grande Restoration's efforts to protect and restore the Rio Grande basin for future generations.)